

TOTAAL OVERZICHT GROEPSLESSEN

	maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	
9.00		RUGFIT	PILATES			VIRTUAL	9.00
.15		RUGFIT	PILATES			SPINNING	.15
.30		RUGFIT	PILATES			SPINNING	.30
.45		RUGFIT					.45
10.00		SENIOR			SENIOR		10.00
.15		SENIOR			SENIOR		.15
.30		SENIOR			SENIOR		.30
.45		SENIOR			SENIOR		.45
11.00		SENIOR			SENIOR		11.00
.15		SENIOR			SENIOR		.15
.30							.30
.45							.45
12.00							12.00
13.00	SENIOR			SENIOR			13.00
.15	SENIOR			SENIOR			.15
.30	SENIOR			SENIOR			.30
.45	SENIOR			SENIOR			.45
14.00	SENIOR		TACOYO	SENIOR			14.00
.15	SENIOR		TACOYO	SENIOR			.15
.30			TACOYO				.30
.45			TACOYO				.45
15.00			TACOYO				15.00
.15							.15
.30							.30
.45							.45
16.00	STREETDANCE 3/4/5		PEUTER		KIDS		16.00
.15	STREETDANCE		PEUTER		KIDS		.15
.30	STREETDANCE		PEUTER		KIDS		.30
.45					KIDS		.45
17.00	STREETDANCE 6/7/8		STREETDANCE 12+		JEUGD		17.00
.15	STREETDANCE		STREETDANCE		JEUGD		.15
.30	STREETDANCE		STREETDANCE		JEUGD		.30
.45					JEUGD		.45
18.00	RUGFIT			RUGFIT			18.00
.15	RUGFIT			RUGFIT			.15
.30	RUGFIT			RUGFIT			.30
.45	RUGFIT			RUGFIT	POWER		.45
19.00			ZWANGER SH'BAM		YOGA		19.00
.15		PILATES	& FIT SH'BAM		YOGA		.15
.30	SH'BAM	TACOYO PILATES	TACOYO SH'BAM	PILATES SKI-FIT	YOGA SPINNING		.30
.45	SH'BAM	TACOYO PILATES	TACOYO	PILATES SKI-FIT	YOGA SPINNING		.45
20.00	SH'BAM	TACOYO	TACOYO	PILATES SKI-FIT	YOGA SPINNING		20.00
.15	CIRCUIT	TACOYO SPINNING	TACOYO	SH'BAM	YIN		.15
.30	CIRCUIT VIRTUAL	TACOYO SPINNING	TACOYO	SH'BAM	YOGA		.30
.45	CIRCUIT SPINNING	SPINNING		SH'BAM	YOGA		.45
21.00	CIRCUIT SPINNING			RELAX	YOGA		21.00
.15				RELAX	YOGA		.15
.30				RELAX	YOGA		.30